

# WAYS TO BE INVOLVED WITH THE 2020 STOP THE HAZING CAMPAIGN

## About the Campaign

In 2017, Alpha Delta Pi sister Rae Ann Gruver and her husband Steve lost their son Max to a hazing incident at Louisiana State University. Since Max's death, Steve and Rae Ann have traveled across the country sharing Max's story, and in fall of 2018, Alpha Delta Pi partnered with the Max Gruver Foundation to help spread awareness of the dangers of hazing. This year, Alpha Delta Pi, Sigma Chi, and the Max Gruver Foundation will once again partner for our annual Stop the Hazing campaign.

During National Hazing Prevention Week (NHPW) from September 21 – 25, chapters will virtually share Max's story and spread awareness on their college campuses. National Hazing Prevention Week (NHPW) is an opportunity for campuses, schools, communities, organizations and individuals to come together and talk about hazing in their communities, raise awareness about the problem of hazing, educate others about hazing, and promote the prevention of hazing.

As we join our campuses and communities in prioritizing health and safety, identify ways you can virtually raise awareness, provide education and continue the conversation through the 2020 campaign. This resource provides ideas for how you might do this. It is not an expectation that you do all of these items, rather you should determine what works best for your engagement with the campaign.

## Ways to Raise Awareness

Awareness is about sharing facts and information. Awareness seeks to start a conversation around a topic.

### FOR INDIVIDUALS

- Add the Stop the Hazing Facebook frame to your profile picture. With the frame, post about why you find this week to be important and what healthy sisterhood means to you.
- Sign and share the Stop the Hazing Virtual Pledge Card on your Instagram Stories. Tag and encourage your sisters and friends to do the same.
- Share the Stop the Hazing video (available at: <https://vimeo.com/350811563>) on your social media. With the share, explain why this issue is important to you and your sisters.
- Review facts and statistics around hazing. Discuss what you learned with a sister.
  - The FAQs on HazingPrevention.Org have stats and information on the impacts of hazing.
  - Stop Hazing has information from the National Study of Student Hazing: <http://www.stophazing.org/frequently-asked-questions/facts-and-statistics/>
- Reflect on what you know about hazing. Use this reflection to identify aspects of the issue you want to learn more about. Questions you could consider include:
  - What stories and happenings of hazing have you seen? In the news? In your community? In sports or other student organizations?
  - What harm have you seen hazing cause?
  - What are ways you have seen intervention and change happen to address hazing?
  - What is your campus hazing policy? What is your state law? Did you find this information to be easily accessible? Do you think your sisters are aware of this information?
- Complete the NHPW Reflection from Real Talk Agency: <https://payhip.com/realtalkagency>

## FOR CHAPTERS

- Share the Stop the Hazing Virtual Pledge Card on your chapter's Instagram account.
  - Share the card with other fraternities, sororities, and student organizations on your campus. Invite them to post this on their social media to support and participate in the campaign.
- During a chapter meeting, share how hazing concerns can be reported on your campus. You can share contact information as well as the office location. You can also review your campus hazing policy and state law.
- Share how members can report concerns within the chapter/international organization, including chapter officers, advisors, international officers and/or Executive Office staff.
- Invite a representative from your Office of Student Conduct, Office of Fraternity and Sorority Life and/or Dean of Students to virtually join your chapter meeting. Ask them to talk about reporting and campus efforts to respond to and prevent hazing.
- Have your Vice President of Panhellenic Relations share information about Stop the Hazing at your Panhellenic meeting and how others can get involved with the campaign.

## Ways to Provide Education

Education is learning strategies you can use to reduce risk and prevention concerns. Education is identifying healthier, safer actions you can take.

- Participate in Talk About It Tuesday live on September 15<sup>th</sup> at 8 PM EST, or identify a date to watch the recording together as a chapter and use the discussion prompts provided. Register to attend on the Talk About It Tuesday page here: <https://prideonline.alphadeltapi.org/resources/manuals-forms/health-and-safety/talk-about-it-tuesdays/>
- Attend the Anti-Hazing Coalition Nationwide Discussion on September 20<sup>th</sup> at 7 PM EST: <https://www.anti-hazing-coalition.org/2020/08/19/events/>
- Attend any virtual speakers or workshops beings hosted on your campus.
- Watch a video of one of the Greek Talks from Holmes Murphy Fraternal Practice: <https://www.holmesmurphy.com/our-specialties/fraternities-and-sororities/greek-talks/>. Each talk looks at issues facing fraternities and sororities and provides ways to offer support and solutions.
- Following any educational opportunities, host a chapter discussion to process what you watched. You can have chapter officers serve as facilitators/leaders of small groups or breakout room discussions. Questions for your discussion could include:
  - What were your primary takeaways from this? What stood out to you?
  - How does this connect to our chapter? Our campus?
  - What can we do with what we learned? Individually? As a chapter? In our fraternity/sorority and campus communities?
  - What are action steps we can take to learn more, find support and influence change?
- Have an open chapter discussion about healthy sisterhood. You can have chapter officers serve as facilitators/leaders of small groups or breakout room discussions. Questions for your discussion could include:
  - What does it mean to have a healthy sisterhood? How do members think, feel, and act toward one another?
  - What can get in the way of healthy sisterhood? How has this shown up in our chapter?
  - How do we hold each other accountable for healthy sisterhood? What can we do better?
  - What can we do to cultivate and maintain a healthy sisterhood? What are actions we want to take to ensure we are doing this?
- Virtually facilitate one of the Prevention and Confronting Hazing workshops from Zeta Tau Alpha's My Sister, My Responsibility: <https://zetataualpha.org/programs/my-sister-my-responsibility>
- Have the Fraternal Health and Safety Initiative's Forced Choices Discussion Builder facilitated for your chapter: <http://fhsi.jrfco.com/additional-resources.html>.
  - For a virtual discussion, you could have members hold up a sign with their choice, or you could have them type responses using the chat feature.
- Watch [\*We Don't Haze\*](#), a documentary from the Clery Center:. Following the viewing use the discussion guide to process the film as a chapter.
- If you are partnering with a Sigma Chi chapter on the campaign, you can co-host educational opportunities and discussions.

# Ways to Continue the Conversation

It is important to continue the conversation beyond this week. Growth and change do not only happen during this campaign, and it's important to explore ways you can continue to engage in conversations around this issue.

- Identify ways you can check in and provide updates on action steps your chapter identified in educational opportunities and discussions throughout the week.
- Research the hazing laws in your state: <https://hazingprevention.org/home/hazing/statelaws/>. Learn if there are any efforts underway to strengthen these laws. Reach out to elected officials if you have any questions.
- Review the When Hazing Occurs resources from the Fraternal Health and Safety Initiative: <http://fhsi.jrfco.com/hazing-prevention-intervention.html>.
- Use the Chapter Wellness Plan to guide and further expand the conversation around health and safety in your chapter.
- Host a bystander intervention training at your chapter to learn more about strategies to safely intervene. If you have already participated in this training, discuss how these strategies could apply to a concern about hazing.
- Encourage individual members to identify one actionable step they want to take to stop hazing. Ask them to share their commitment with a sister.

## Resources

Stop the Hazing: <https://www.alphadeltapi.org/members/page/stop-the-hazing/>

HazingPrevention.Org: <https://hazingprevention.org/national-hazing-prevention-week/>

Max Gruver Foundation: <https://www.maxgruverfoundation.com/>

Fraternal Health and Safety Initiative: <http://fhsi.jrfco.com/hazing-prevention-intervention.html>

Anti-Hazing Hotline: <https://fraternallaw.com/help-us-stop-hazing>