



# Alpha Delta Pi

BE THE FIRST

## LIVE YOUR OATH TABLING GUIDE

It is important that you first follow all campus, local and state/provincial guidelines regarding COVID protocols and in-person events.

### About Live Your Oath

As part of Sexual Assault Awareness Month in April, Alpha Delta Pi and Sigma Phi Epsilon partner on the Live Your Oath Campaign. This campaign focuses on the understanding that living our membership oaths includes engaging in actions to prevent sexual assault and create healthier, safer chapters and campuses. Said simply, it's one thing to take an oath, it's another thing to live your oath.

As we join our campuses and communities in prioritizing health and safety, identify ways you can raise awareness, provide education and continue the conversation through the 2021 campaign. This resource provides ideas for how you can create awareness through a tabling event with the campaign.

### Creating an Awareness Tabling Event

The first step in tabling is being clear about why you have a table and what you are hoping to share with your campus community. All members should be aware of your why and those who will be at your table should be able to speak to this to people who stop at your table for information and education.

- Create meaningful messaging
  - Education on Live Your Oath, utilizing the 2022 Ways to Get Involved form
- Collaboration with another organization, council or student organization
  - Create a campus partnership with another Panhellenic sorority or member of your campus community. The larger the reach, the stronger the impact
  - Let other organizations know when and where you will be tabling and invite them to participate by stopping by the table
  - Take pictures of those who stop by your table. Tag these individuals and their organization's handle to increase reach.
- Know where you can find help and support
  - Share information about where sexual assault or relationship violence can be reported, where students can find help and support, and where policies are located.
  - At a table, you are starting the conversation, and you also want to use the opportunity to amplify resources that can be accessed
  - Passive tabling practices
    - This is your chapter's opportunity to create a stand against sexual assault. Tabling means you often must be proactive and "invite people in" to the conversation. Give those who are tabling some conversation starters they can use to get people to stop to engage with your table.
    - Have two to three members volunteering at the table together. This is a great opportunity to have your wellness specialist or other officers teach newer members how to table and bring awareness to Live your Oath.
    - Provide talking points to anyone tabling. This can increase comfortability with starting a conversation.

# Tabling Suggestions

## SIGN A LIVE YOUR OATH PLEDGE CARD & DISPLAY THEM

- Contact campus administration or FSA if you want to display a banner or pledge cards on campus in areas that might require reservations or approval to post
- Create large banner for collective pledge to condone sexual assault
- While staffing the table, engage people in discussions about healthy sexuality and healthy relationships
- If applicable, partner with Sigma Phi Epsilon & the promotion of healthy masculinity
  - Tabling is a great opportunity to engage men in the campaign to end sexual violence.
  - Together you can focus on promoting healthy masculinity and discussing gender norms.
  - Challenge members to identify damaging gender stereotypes and how these dynamics contribute to violence and cruelty. All members of the community can experience sexual violence and can be a part of the solution.

## GENERAL TABLING TIPS AND TRICKS

- Advertise ahead of time, create interest that your chapter will be creating awareness around the Live your Oath and Sexual Assault Awareness month
- Advertise ahead of time through social media and announcements at meetings and through other campus resources.
- Set up your tabling kit and budget time for set up and breakdown
  - An Alpha Delta Pi tablecloth or banner is helpful to identify the chapter. With the tablecloth, make sure it is folded and stored after each use to not look wrinkly or messy.
  - Scotch tape, duct tape, scissors, a bundle of pens (for signing the LYO pledge), permanent markers, dry erase markers and eraser, rubber bands and paperweights (for any flyers), post-it notes, colored markers, a highlighter, glue stick, binder clips, and anything else you may need.
- Identify a strong location, think of high traffic areas where students pass through between classes
  - Learn what you need to do to reserve this space. You'll also want to make sure to understand what is provided – i.e. Is an actual table provided? Or do you supply this?
  - This may be by your student union or campus hub even by the library
- Collect information on how many people came by your booth
  - An easy way to do this is to have a sheet of paper where members make a tally each time someone stops.
- Engage with students, faculty and staff who walk by. Stand in front of the table instead of sitting behind on your phone
  - Create a welcoming environment by greeting those who are in the area. Even if they don't stop for a conversation, they will take a moment to look at what you are promoting.
  - Having an interactive component will help with traffic and creating stronger awareness. This allows for something to "anchor" a conversation, so there is something to do when someone stops.
- Practice or create a short information sheet for tabling volunteers
  - Maybe this is something we create. Then we have blanks where they can fill in campus policy, state law, where to report, etc
  - This will give members confidence in talking about Live Your Oath to the community
- Encourage chapter members to stop by the table
  - Not every member of your chapter may be volunteering at the table. Encourage those who not to take a moment to stop to see those members who are doing this. This can also help other students see that people are stopping and engaging in the conversation.
- Ask campus offices and/or student organizations if they have materials you could distribute.
  - This is another way to establish partnership and show who else is part of this conversation.
  - This can also help an office or organization by amplifying their reach on a topic.
- Have participants leave with an actionable item
  - Signing the pledge card
  - A flyer with positive group bonding suggestions
  - List of reporting methods on your campus & 24/7 hotline